

University of Pretoria Yearbook 2022

Teaching and learning in sport 121 (YCS 121)

Qualification	Undergraduate
Faculty	Faculty of Health Sciences
Module credits	12.00
NQF Level	05
Prerequisites	YCS 111
Contact time	3 lectures per week
Language of tuition	Module is presented in English
Department	Biokinetics and Sports Science
Period of presentation	Semester 2

Module content

This module builds on the fundamental principles of sports coaching. It focuses on the processes and techniques of learning and teaching of skills within a sports paradigm. Methodological techniques as implemented by the coach in teaching and learning of sports skills are identified, discussed and applied. In this module the student gets the opportunity to obtain a Level 0/1 Sports Coaching certificate in a sport of choice.

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